

Office of Related Services  
**OT/PT Program**  
**TIP SHEET**  
**The SEL Friendly Classroom**

**Consider:**

- Greetings—model appropriate social skills; make eye contact, greet, shake hands; morning meeting
- Zones Check-In: Zones of Regulation; check in with students to begin/end each day
- Buddy Bench: if a student is feeling lonely, needs a break
- Visual learners: Brain Works, schedules/centers labeled with pictures/words
- First/Then
- Social stories, cartooning, power cards with favorite character, social skills groups:  
(Resource: Autism Internet Modules (AIM) website)
- Comfy Cafeteria, Refreshing Recess: Every Moment Counts
- Self expression:
  - playdoh/theraputty
  - draw/color: markers, colored pencils, paint, stencils, stamps
  - puzzles
  - origami
  - write (journal)
  - music with headphones
  - legos, stringing beads, making crafts with pipe cleaners
- Game centers:
  - turn taking, following the rules, winning/losing
  - Uno, Jenga, Sorry, Go Fish
- PATHS—identify positive statements about each student
- Responsive Classroom
- PBIS